2025 COASTAL HEALTH & WELLNESS

DISPLAY AD RATES

Coastal Health & Wellness, an annual publication, is the Central Coast's premier resource guide that includes information that locals can use for their own health and wellness.

This publication contains: informational articles, helpful tips, as well as a Health & Wellness directory of local providers. The heavy focus on local, informational content, ensures content will be read, saved and referred to many times over.

ADVERTISING RATES - 1 ISSUE

Full	\$1,550
Half	\$1,050
Third	\$950
Quarter	\$750
Sixth	\$550
Eighth	\$450

PREMIUM POSITIONS

Outside Back Cover......\$2,200 Inside Front Cover......\$1,800 Inside Back Cover......\$1,700

	1/2 V 3.562"x9.875"
1/4 3.562"x4.812"	bleed1/2 V trim 4.062"x10.875" Add .25" bleed all four sides
1/8 H 3.562"x2.285"	
	1/6 H 3.562"x3.125"

1/3 S 4.812"x4.812"

2.292"x 4.812"

1/6 V

COASTAL

& WELLNESS

INSIDE

COASTAL

1/2 H 7.375"x4.812" Reservation Deadline 1/26/2025

Final Deadline 2/1/2025

TIMES PUBLISHING GROUP, INC. | 9601 SOQUEL DR., APTOS, CA 95003 Email: sales@cyber-times.com | Phone: 831.688.7549 | www.tpgonlinedaily.com