

2025 COASTAL HEALTH & WELLNESS

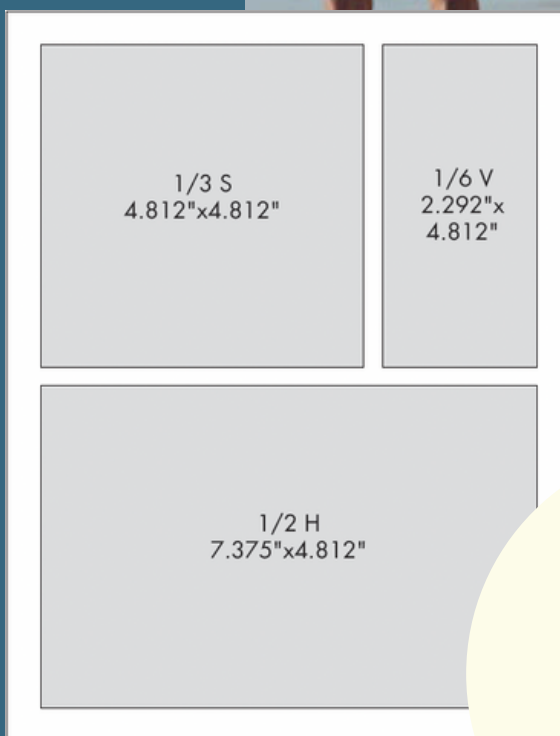
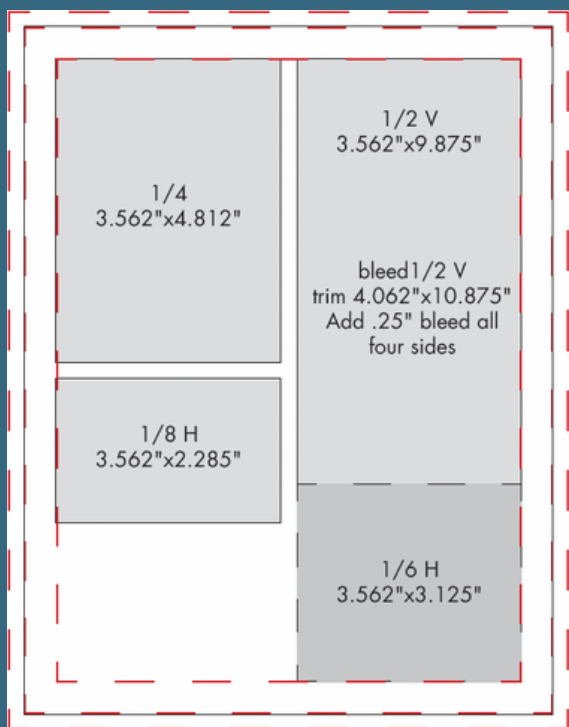
DISPLAY AD RATES

Coastal Health & Wellness, an annual publication, is the Central Coast's premier resource guide that includes information that locals can use for their own health and wellness.

This publication contains: informational articles, helpful tips, as well as a Health & Wellness directory of local providers. The heavy focus on local, informational content, ensures content will be read, saved and referred to many times over.

ADVERTISING RATES - 1 ISSUE

| | |
|-------------------|--------------------------------|
| Full.....\$1,550 | PREMIUM POSITIONS |
| Half.....\$1,050 | Outside Back Cover.....\$2,200 |
| Third.....\$950 | Inside Front Cover.....\$1,800 |
| Quarter.....\$750 | Inside Back Cover.....\$1,700 |
| Sixth.....\$550 | |
| Eighth.....\$450 | |



**Reservation
Deadline
1/26/2025**

**Final Deadline
2/1/2025**